

nurse? I am afraid the attitude of the public towards nurses is changing considerably.

A nurse used to be the guardian angel, now she is the villain of the piece. The moral is, I think, not that we should seek to protect our uniform, but that we should organise our forces and restore our profession to the once honoured place which it held and which it is undoubtedly losing. In my opinion, nurses will never be re-instated in public opinion until we have Registration, with the consequent "hall-marking" of the genuine article.

I am, dear Madam,
Yours faithfully,

REGISTRATION.

THE MANY-SIDED PRIVATE NURSE.

To the Editor of the "British Journal of Nursing."

DEAR MADAM,—I think Miss Beedie has touched the reason of the unpopularity of the private nurse in her letter. Private nurses of all people need initiative and resource, but it is rare to find that they possess these qualities, at any rate until they have for some time been working in this branch. One is sometimes tempted to wonder if the authorities of training-schools make a point of eliminating all the pupils who possess individuality from their schools. Initiative certainly seems to be a most unpopular virtue in these days.—Yours faithfully,

A SUFFERER.

Comments and Replies.

Mrs. Ambrose.—The reason why many nurses prefer working in an institution to nursing in private houses is because in a well-ordered hospital they have a definite position, they work under conditions of discipline, order, and regularity, and their duties are clearly defined. In private work, on the contrary, nurses have no definite status. They work on an equality, both as to fees and position, with untrained and partly-trained women, and, following untrained and undisciplined women, they are frequently received by the public with a certain amount of suspicion, which they have to live down. What is needed is State Registration of Trained Nurses, so that the public may be able to know that a woman who claims to be a nurse has received the education fitting her to undertake the responsible duties of her office, and that nurses who successfully pass through a prolonged training may have the legal position which is their due.

A Mother.—We are glad you approve of the position taken up by this journal in relation to the education of girls. In our view it is cruel kindness to bring up daughters with no sufficient means of support, and no knowledge of a profession or trade by means of which they can maintain themselves. It is very false kindness to let them have "a good time" when they are young, if the price of it is penury in old age.

Monthly Nurse.—Opinions vary as to the time when the cord should be tied. But, unless there is special reason to the contrary, it appears to us that Nature is the best guide and that it should not be tied until it has ceased pulsating.

Many Years' Subscriber.—Please notice our invariable rule not to insert letters unless the writer's name and address are enclosed—not for publication, but as a guarantee of good faith.

Notices.

EDITORIAL RECIPROcity.

We are informed that many nurses in America do not subscribe to this journal because of the trouble of obtaining a foreign money order, and *vice versa*, with English nurses in reference to the *American Journal of Nursing*. The Editors of these two journals, whose aims and policy are identical, have therefore arranged to make things easy for these busy nurses, and, to save trouble, will receive and forward subscriptions. Thus any subscriber to this journal wishing to subscribe for the American journal may send the 10s. 6d., with the address to which she wishes the journal sent, to The Manager, BRITISH JOURNAL OF NURSING Office, 11, Adam Street, Strand, W.C., and it will then be duly forwarded to the publishing office of the American journal at Philadelphia. Thus a cheque for 17s. will enable those interested in nursing matters to receive both journals for twelve months without further trouble.

A HELPING HAND.

The Editor will be greatly obliged if regular subscribers who receive an additional copy of this journal, will pass it on to some friend who is likely to be interested in the aims of the journal, and also if they will encourage their friends to become subscribers.

OUR PRIZE PUZZLE.

Rules for competing for the Pictorial Puzzle Prize will be found on Advertisement page VIII.

What It Is.

COMPOSITION OF THE FAMOUS NEW FOOD.

A widespread interest has been created among good lovers as to the composition of Grape-Nuts, the new food used in place of porridge that has come into popular use of late. It has long been known to physicians, chemists, and food experts that the starchy portion of entire wheat flour and barley is transformed into a true and very choice sugar by the act of intestinal digestion in the human body. This sugar is identical with, and is known as, grape sugar, and it is in condition for immediate transformation into blood and the necessary structure from which the delicate nerve centres are built up.

A food expert followed a line of experiments until he produced the food called Grape-Nuts, of which grape sugar forms the principal part. It is produced by following out Nature's processes in a mechanical way. That is, heat, moisture, and time are the elements employed and directed by scientific facts gained in research.

Grape-Nuts is probably entitled to the claim to be the most perfectly adapted food for human need now extant. Certain it is that the user's delight in the flavour and the perfect action of intestinal digestion during the use of Grape-Nuts is satisfying, and the added strength of body confirms the facts. Dealers supply at 7d. per packet.

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